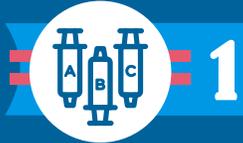


Make a vaccination plan

immUNITY
CHICAGO

This year, plan to get vaccinated to stay healthy!
Follow these 5 steps to help you make your vaccination plan.



1

Find out which vaccines you may need

Not sure which vaccines you need? Call a healthcare provider or find out which vaccines are right for you or your family at vaccinateyourfamily.org/which-vaccines-does-my-family-need.

Most health insurance plans cover vaccines at no cost to you. If you don't have health insurance and need help paying for vaccines, take a short quiz from Vaccinate Your Family to find out different ways to pay for your vaccines at vaccinateyourfamily.org/paying-for-vax.



2

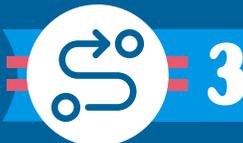
Find a place to get vaccinated and make an appointment

You can get routine vaccines at many places, such as:

- Doctor's offices
- Some local health departments
- Pharmacies, such as Walgreens or CVS
- Urgent care or community health clinics

Visit findahealthcenter.hrsa.gov to find a health center near you.

Many places, such as pharmacies or urgent care clinics, offer appointments in the evening or on the weekend. Once you made your appointment, mark it on your calendar!



3

Plan how to get there

Now that you made your vaccine appointment, plan for how to get there. If you're taking public transport, visit transitchicago.com to confirm routes and hours of operation. If you're driving, look up the route and parking options in advance.



4

Prepare for your appointment

Before your appointment, call your vaccine site (or go to their website) to see what you need to bring with you. They may ask you to bring some or all of these items:

- A form of ID, such as a driver's license
- Your insurance card (if you have health insurance)
- Your medical history:
 - Any medicines you take
 - Vaccines you've gotten recently
 - Allergies and underlying health conditions, such as diabetes or COPD

Don't have all these details? Don't worry – just gather what you can.

Getting vaccinated is the most important thing!



5

Help spread the word!

After you get your vaccine, pat yourself on the back. Then share your news on social media and talk about it with your friends, family, and neighbors. Encourage them to get protected, too. Together, we have the power to protect everyone against preventable diseases!